

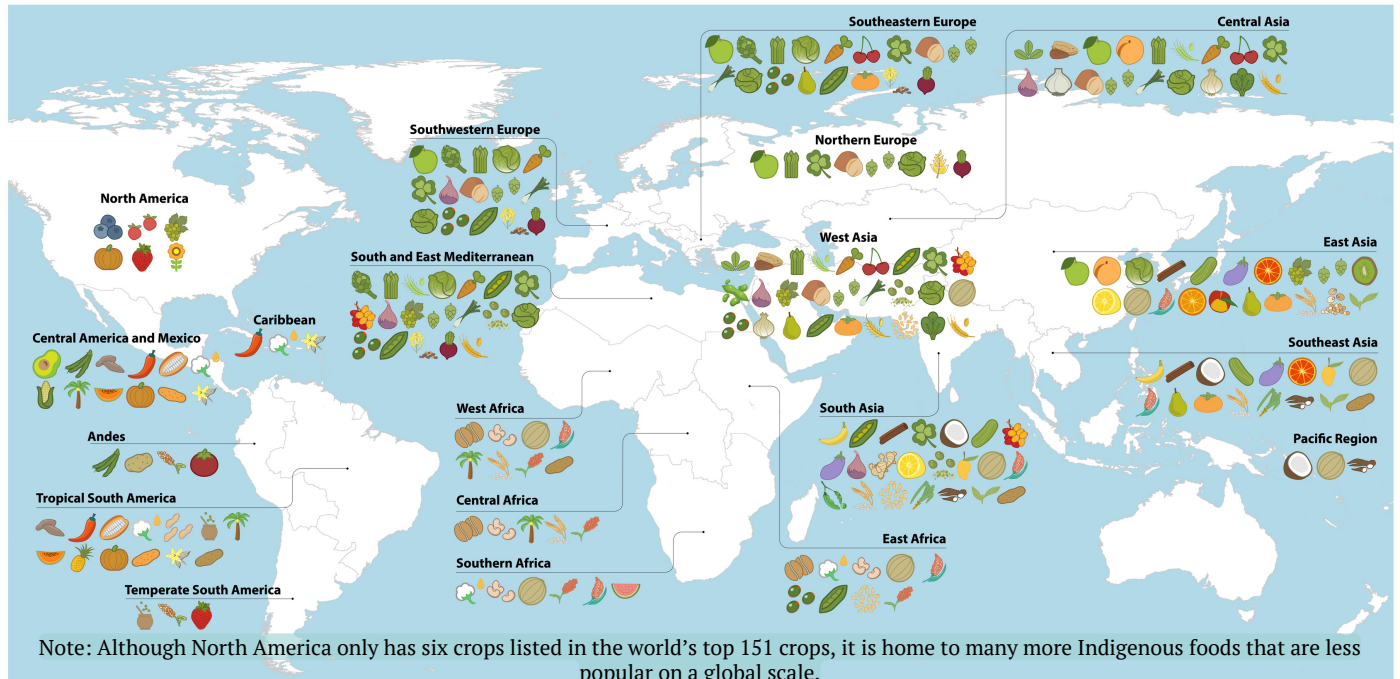
# Food Origins

**Directions:** The CIAT map shows the origins of the world's top 151 crops. Use the map to analyze the origins of the food you consume.

## ORIGINS AND PRIMARY REGIONS OF DIVERSITY OF AGRICULTURAL CROPS



Khoury CK, Achicanoy HA, Bjorkman AD, Navarro-Racines C, Guarino L, Flores-Palacios X, Engels JMM, Wiersema JH, Dempewolf H, Sotelo S, Ramirez-Villegas J, Castañeda-Álvarez NP, Fowler C, Jarvis A, Rieseberg LH, and Struik PC (2016). Origins of food crops connect countries worldwide. Proc. R. Soc. B 283: 20160792. DOI: 10.1098/rspb.2016.0792.



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|---------------------|--------------------|----------------|------------|----------------|----------------------|---------------------|----------------|
| Alfalfa             | Beans              | Clover         | Eggplants  | Hops           | Melons               | Pears               | Sunflower      |
| Almonds             | Blueberries        | Cocoa beans    | Faba beans | Kiwi           | Millet               | Peas                | Sweet potatoes |
| Apples              | Cabbages           | Coconuts       | Figs       | Leeks          | Oats                 | Pigeonpeas          | Taro           |
| Apricots            | Carrots            | Coffee         | Garlic     | Lemons & limes | Olives               | Pineapples          | Sorghum        |
| Artichokes          | Cassava            | Cottonseed oil | Ginger     | Lentils        | Onions               | Plums               | Soybean        |
| Asparagus           | Cherries           | Cowpeas        | Grapefruit | Lettuce        | Oranges              | Potatoes            | Spinach        |
| Avocados            | Chickpeas          | Cranberries    | Grapes     | Maize          | Papayas              | Pumpkins            | Strawberries   |
| Bananas & plantains | Chillies & peppers | Cucumbers      | Groundnut  | Mangoes        | Papayas              | Quinoa              | Sugar beet     |
| Barley              | Cinnamon           | Dates          | Hazelnuts  | Mate           | Peaches & nectarines | Rape & mustard seed | Sugarcane      |

Identify at least one food that you enjoy eating from each of the continents represented.

North & Central America:

South America:

Europe:

Africa:

Asia:

Name 5 foods whose origins surprised you.

Based on your family's diet, which region of the world most influences your eating choices?